



## **Adoption Health Services of Western Pennsylvania Patient Services**

### **Primary Care or Consultation Services**

Once you have your child home with you, we provide a variety of services, and are happy to work with you in whichever way is most helpful to you.

If our office is geographically convenient for you and you do not already have a primary care physician (PCP) for other children in your family, we would be delighted to be your child's primary care pediatrician. We are accepting new patients, and accept most major health insurance plans. Contact us at 412.521.6511 for further details.

If our office is not convenient for your ongoing primary care, or if you already have a pediatrician or family doctor, we are happy to work in consultation with your child's regular physician to meet his or her new arrival health needs. If you need a pediatrician closer to home but do not have one yet, we will work with you to find a physician in your community.

### **New Arrival Visits**

SCHEDULE NEW-ARRIVAL VISITS AS SOON AS YOU KNOW YOUR TRAVEL DATES, in order to have the appointment time most convenient for you. Call 412-521-6511 to schedule your child's appointment.

If another physician is to be your child's PCP, you may need a referral for this visit to be covered under your health insurance. Talk with your PCP about this prior to the visit.

New arrival visits are ideally scheduled 7-14 days after the child's arrival home. This timing gives parent(s) and child to catch up on sleep, and to have a bit of time to get to know each other. Both of these things make the visit much more productive!

New arrival visits provide a detailed, thorough review of the child's medical, developmental, and psychological needs, a comprehensive physical exam, laboratory testing, Tuberculosis testing, and vaccines as indicated, and coordination of any necessary referrals or additional testing.

Children who are ill upon their arrival home should be seen sooner by their PCP. If that is to be us, call us at 412-521-6511 to schedule a sick visit. If another physician will be your child's PCP, call their office to schedule a sick visit. In either case, we will still use the pre-scheduled visit for a thorough new-arrival assessment.

Children who have known urgent medical concerns prior to their adoption may need to have the new-arrival assessment scheduled sooner after their arrival home.

### **Consultation Visits for Children with Ongoing Special Needs**

As a result of malnutrition and deprivation early in life, some internationally adopted children continue to struggle with medical, developmental, behavioral, and/or learning difficulties over time.

A consultation visit around these concerns can help families to tease out the underlying causes of their child's particular difficulties, and link families to appropriate evaluation and treatment resources in the community.

Call 412.521.6511 to schedule a visit.

Depending upon your insurance, you may need a referral from your child's PCP for this visit. Contact your PCP about obtaining any necessary referral.

If your child has already had other professional evaluations for these problems, please let us know that at the time that you schedule your appointment. Please send us copies of the reports prior to your visit, so that we may make the most of our face-to-face time.

