



The Best Approach to Concussion Management

Kids Plus Pediatrics is proud to partner with UPMC Sports Medicine Center Concussion Program to provide an innovative program for student-athletes in our communities. The program, which helps physicians and athletic trainers to evaluate and treat head injuries, is recognized worldwide for changing the way medical professionals treat concussions.

The program uses a computerized exam called ImPACT (Immediate Post Concussion Assessment and Cognitive Testing) to successfully diagnose and manage concussions. If an athlete suffers a head injury, ImPACT can determine the severity of the injury and verify when it has fully healed.

Our office provides a “baseline” test to athletes in a simple, video-game-style format. It takes about 15-20 minutes to complete, and many young athletes say they enjoy taking it. The ImPACT test is like a preseason physical for an athlete’s brain: it tracks information such as memory, reaction time, speed, and concentration. The test is non-invasive, and poses no risk to the test-taker.

If the athlete is injured, he/she will be asked to retake the ImPACT test. Both the baseline and the post-injury test results are given to a local specialist to evaluate the injury. By comparing the data from both tests, these specialists will be able to determine both the extent of the injury and when it’s safe for the athlete to return to normal activities.

If a head injury occurs, it’s essential that you contact your primary care provider as soon as possible, and that you let the provider know that baseline ImPACT testing is available.

The information gathered from the ImPACT program may also be used in studies by the UPMC Sports Medicine Center. To ensure privacy and confidentiality, all data is submitted anonymously.

We’re thrilled to provide this program, because it offers us the best possible tools for managing concussions and preventing the potential brain damage that can occur with multiple concussions. From middle schools to professional sports leagues, ImPACT is the gold standard for protecting the health and safety of athlete’s brains.

If you have any questions or concerns about the ImPACT program, we’re happy to answer them.

Sincerely,

The Kids Plus Providers



ImPACT Consent Form

NAME

BIRTHDATE

ADDRESS

SPORT(s) PLAYED

SCHOOL / TEAM SPONSOR

YOUR DOCTOR'S NAME

YOUR DOCTOR'S ADDRESS

I have read and understand the attached information. I have been given an opportunity to ask questions, and all my questions have been answered to my satisfaction. I agree to participate in the ImPACT Concussion Management Program. I understand that this test is not currently covered by insurance plans. I will pay at the time of the test unless other arrangements have been made.

ATHLETE'S SIGNATURE

DATE

PARENT/GUARDIAN'S SIGNATURE

DATE

NAME OF GROUP TO BE BILLED (if part of a group)

ADDRESS OF GROUP TO BE BILLED (if part of a group)