



POSTPARTUM DEPRESSION RESOURCES

Phone Numbers

Magee Women's Behavioral Health Services	412-586-9046
Dinny Goldberg Linda Rubenstein Suzanne Hannigan Christine Mrzacik	
UPMC Women's Behavioral Health (research study)	1-800-436-2461
St. Clair Hospital - Baby Steps Program	412-942-5882
Barb Murray (Alliance for Infants)	412-885-6000 ex (3143)
24 Hour Crisis Hotline (Allegheny County)	1-800-796-8226
24 Hour Crisis Hotline (National)	1-800-PPD-MOMS
Western Pennsylvania Hospital- Dept of Social Services	412-578-5105
PA Healthy Baby Helpline (info on programs & services)	1-800-986-BABY

Websites

Mothers and Others	www.mededppd.org
Women's Behavioral Health CARE	www.womensbehavioralhealth.org
Postpartum Support International	www.postpartum.net